

## Steps of the Health Pathway for Children in Care

1. The OOHC Health Case Manager telephones the carer to arrange Health Checks for the child/children.
2. The carer is required to make an appointment with a GP for an Initial Health Check (also called Primary Health Screen or for aboriginal children a 715 Health check ) for the child. We send information to that GP requesting a Health Check and a letter of referral to a paediatrician. It is encouraged that children attend the same GP practice wherever possible.
3. The Health Case Manager facilitates an appointment with the paediatrician.
4. The paediatrician clinic will contact you directly with appointment date and time. The paediatrician may identify additional assessments required.
5. All children aged 2 and over, and for children 0-2 when there are concerns for their oral health, must have a full dental check.
6. Assessment and support for emotional wellbeing is part of the Health Pathway.
7. We write a Health Management Plan with you, that we provided to you and your foster care agency.
8. Review of the child's Health Management Plan will occur every 6 months for children under 5 years and annually for children 5 and over. The Health Management Plan is developed following a recent Health Check by GP or Paediatrician. It also occurs at the time of changes in circumstances eg carer moving locations. If you have concerns, you can request a review at any time by contacting the Health Case Manager.

### Carers Responsibilities

Please notify the Health Case Manager regarding any additional appointments you take the child to that the Health Case Manager has not arranged. This helps us to keep a comprehensive record of the child's health.

It is your responsibility to get the child to appointments and follow up on recommended treatment.

Please contact the Health Case Manager if you cannot attend an appointment.

The Health Pathway team welcomes any feedback or suggestions regarding our service.